



Sam Houston
State University

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Aquatics and Safety



Register Here
Go to RSConnect

Your online connection to Rec
Sports programs, and services.

Spring '18 Program Guide



1 2 3 4

[Join our Team](#)
We are now hiring lifeguards

Our swimming pool is outdoor, heated (seasonally) and fun! We have four 25 yard lap lanes and a leisure area which can be used for water volleyball, water basketball or certain intramural and special events. Additional amenities include a sun tanning area, lounge chairs and covered tables.



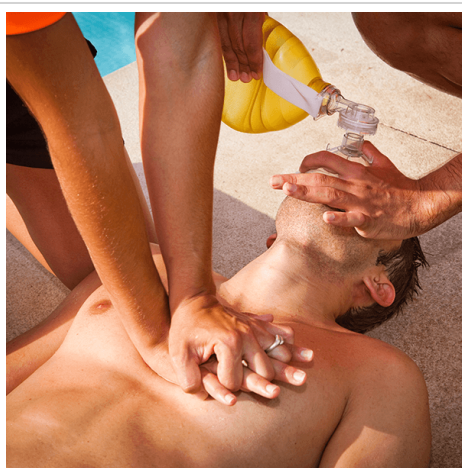
[Rentals & Reservations](#)



[Swim Programs](#)



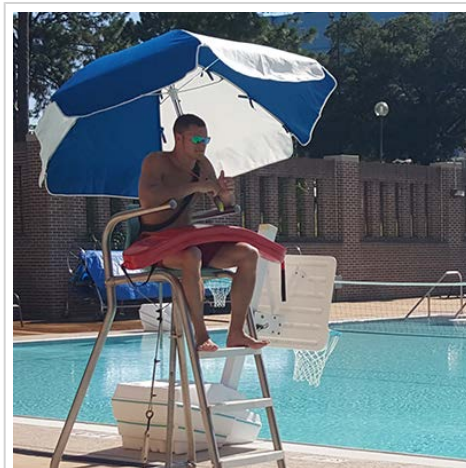
[Lifeguard Training](#)



[CPR/AED/FA Training](#)



[Pool Rules](#)



[Staff](#)

Contact Rec Sports

936.294.1985 | recsports@shsu.edu









[Download a map of the Rec Sports Facility](#)

[Fitness Classes](#) | [Intramural Sports](#) | [Facility Availability Calendar](#) | [Reservation Form](#)

Today's Hours

RSC Facility:	6:30 a.m. – 8 p.m.
RSC Pool:	2 – 7 p.m.
Climbing Wall:	2 – 6 p.m.
University Camp:	Open for Reservations
Full Hours:	Schedule

Follow SHSU:      



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